

Youth Programming at the Icahn School of Medicine at Mount Sinai

I. The Center for Excellence in Youth Education (CEYE)

The Center for Excellence in Youth Education (CEYE), a unit within the Mount Sinai Health System's Office for Diversity and Inclusion, has worked for over four decades to expose young minds from educationally and economically disadvantaged backgrounds to science and medicine through its robust education pipeline program portfolio. Established in 1975, CEYE serves close to 300 students in grades 7 through collegiate level each year. All courses focus on inquiry-based learning and career exploration.

CEYE Summer Programs

Students enroll in our 6-week summer research or clinical internship program. Please see website for full course descriptions.

Application Opens: February 1st – Start Early!

Website: www.icaahn.mssm.edu/ceyesummer

Contact: ceye@mssm.edu

Grades Served: Current 10-12 students

Northeast Regional Alliance (NERA) MedPrep Program

This is a three-year medical school preparedness program for New York and New Jersey residents, which is administered through the Center for Excellence in Youth Education & the Center for Multicultural and Community Affairs at the Icahn School of Medicine at Mount Sinai. Eligible applicants are currently enrolled in any **college** as freshmen or sophomore and are interested in attending medical school. NERA MedPrep is a **3-year summer** commitment designed to give students an opportunity to develop key skills and competencies that are important to success on the road to medical school.

Application Opens: November – Start Early!

Website: <http://neramedprep.org/>

Contact: infor@neramedprep.org

Grades Served: College students

II. Medical & Graduate Student-Led Programs

Girls Empowered in Medicine and Science (GEMS)

Day camp and mentorship program for **6th, 7th, and 8th grade girls** formed in partnership with the Center for Excellence and Youth Education (CEYE). Our goal is to serve as a support network and safe discussion space for young girls to develop meaningful interpersonal relationships, promote resiliency, cultivate leadership, improve team-building skills, and learn about STEM career pathways while applying those skills in practical and real-life settings.

Application Opens: November, December and February

Website: <https://webcommons.mssm.edu/girlsempoweredinmedicineandscience/>

Contact: sinai.gems@gmail.com

Grades Served: 6, 7, 8 grade students

MedStart Enrichment Program

Medstart is a medical student-run organization that offers several full-day immersion experiences during the academic year and a free one-week summer camp for junior high school students.

Application Opens: Varies, but July for summer camp application

Website: <http://webcommons.mssm.edu/med-start/>

Contact: medstart.sinai@gmail.com

Grades: Served: 6, 7, 8 grade students

Medical Discovery of Careers (MEDDOcs)

MedDOcs is a medical student-run organization, which is part of the SEOM interest group (Students for Equal Opportunities in Medicine). The program is held three times a year and lasts 7-8 weeks with separate curricula: cardiovascular system, pulmonary system, and neuroscience. High school students will be taught by a group of medical students and will have the opportunity to participate in hands-on science enrichment activities.

MedDOcs also offers a summer internship program for MedDOcs alumni, called MedDOcs+. Students who have successfully completed the MedDOcs curricula are invited to volunteer at the Mount Sinai Hospital in various departments.

Application Opens: September for Fall semester; December & February for Spring semester

Website: <http://webcommons.mssm.edu/meddocs/>

Contact: mount.sinai.meddocs@gmail.com

Grades Served: Current 9 – 12 students

First Generation Scholars Program

First Generation Scholars is a program for high school seniors who will be the first generation in their families to attend college or who come from underserved communities. First Generation Scholars is a college essay-mentoring program, which also provides scholarships to winners of our essay contest and to students who complete all program requirements. Participation is free of cost. Each week, students will meet for 1.5 hours with Mount Sinai students, who have extensive undergraduate writing experience. The high school students will work one-on-one with their mentors to produce high-quality college application essays. There will also be several activities throughout the year to foster the mentor-mentee relationship.

Deadline: Early September

Contact: 1stgenerationcollege@gmail.com

Grades Served: Current 12 students

III. Volunteer Office: Patient-Related Placements, Student Research and Administrative Support Internships

Students have the opportunity to intern in various settings throughout the Mount Sinai Hospital. Please see website for further descriptions. Some have rolling admissions, while others have rapidly approaching deadlines like the one below.

Deadline: varies

Website: <http://www.mountsinai.org/locations/mount-sinai/about/volunteer>

Contact: volunteerdept@mountsinai.org

IV. FlexMed Early Assurance Program at Mount Sinai (Apply for Medical School during your sophomore year of college)

Website: <http://icahn.mssm.edu/education/medical/admissions/flexmed>

Contact: Jacquelyn Chudow, Program Coordinator - jacquelyn.chudow@mssm.edu

V. Traditional Medical School or Graduate School at Mount Sinai

Website: <https://icahn.mssm.edu/education/graduate>

Contact: Basil Hanss, PhD, Senior Associate Dean for Student Affairs and Career Development - basil.hanss@mssm.edu